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Resources: *Contained Excitement: Outdoor Container Gardening Basics and Trends.*

Container Gardening Design

[ENH1095/EP326: Container Gardens for Outdoor Spaces \(ufl.edu\)](#)

Stuckey, M. and Nichols, R. (2002) *Bountiful Container: Create Container Gardens of Vegetables, Herbs, Fruits, and Edible Flowers*. Workman Publishing Company, New York, NY.

Walliser, J. (2017) *Container Gardening Complete: Creative Projects for Growing Vegetables and Flowers in Small Spaces*. Cool Springs Press, Beverly, MA.

Mills, Elaine. (2019) *Small Space Gardening*. [Small Space Gardening \(mgnv.org\)](#).

Container Selection

Pennisi, B. (February 2021) The Container Conundrum. *Fine Gardening*, 37-41.

Albert, S. [Container and Pot Sizes: How Much Soil Do I Need? - Harvest to Table](#)

Soil Volume for all types of containers:

<https://harvesttotable.com/container-and-pot-sizes-how-much-soil-do-i-need/>

<https://www.omnicalculator.com/other/potting-soil-calculator>

Fruit and Vegetable Root Depth

Trulove, R. (2018) [Gardener's Guide to Fruit and Vegetable Root Depth - Virily](#)

Plant Selection

Native plants: [Plant Northern Virginia \(NOVA\) Natives \(plantnovanatives.org\)](#)

Companion planting: [26 Plants to Grow Side-By-Side - Companion Planting Ideas \(goodhousekeeping.com\)](#)

Vegetable Gardening in Containers

Relf, D. [SPES-255.pdf \(vt.edu\)](#)

Lee, D. and Wilhelm, S. (2021) Vegetable Gardening Without Fear. <https://mgnv.org/vegetable-gardening-no-fear-video/>

Growing Fruit Crops in Containers:

Perry, L. [Growing Fruits in Containers \(uvm.edu\)](#)

Williamson, J. (2018) Growing Fruit Crops in Containers. <https://edis.ifas.ufl.edu/mg243>

Crignan, C. (2018) Growing Dwarf Citrus. [Growing Dwarf Citrus | University of Maryland Extension \(umd.edu\)](#)

Campion, F. (February 2021) No Orchard Needed. *Fine Gardening*. 56-61.

[Gardening: Pruning: How to Prune Dwarf Apple Trees - YouTube](#)

Nardozi, C. [Edible Landscaping - How To: Overwinter Containerized Fruit Trees - Garden.org](#) (National Gardening Association)

Growing Roses in Containers

American Rose Society: <https://www.rose.org/>

Arlington Rose Foundation: arlingtonrose.org - Tips for Growing & Recommended Roses

Overwintering roses outside: [Singularly Beautiful Roses: Spring 2018 | American Rose Society](https://www.rose.org/overwintering-roses-outside)

Growing Carnivorous Plants in Containers

Ottesen, C. (Jan/Feb 2011) Growing Carnivorous Plants in Containers. *The American Gardener*, American Horticultural Society, 18-22. [2011-01r.pdf \(ahsgardening.org\)](https://www.americanhorticultural.org/2011-01r.pdf)

Seasonal Porch Pots:

Jones, C. (Sept/Oct 2019) Seasonal Porch Pots. *The American Gardener*, American Horticultural Society, 15-19.

Avoid foraging threatened, endangered, or toxic plants with the use of the tool found at <https://plants.usda.gov/threat.html>.

Great Plants for Porch Pot Arrangements

(*The American Gardener* 2019)

Foliage Plants

Arborvitae (*Thuja* spp.)
Boxwood (*Buxus* spp.)
Cedar (*Cedrus* spp.)
Eucalyptus (*Eucalyptus* spp.)
Fothergilla (*Fothergilla* spp.)
Holly (*Ilex* spp.)
Incense cedar (*Calocedrus decurrens*)
Japanese cedar (*Cryptomeria* spp.)
Japanese maple (*Acer palmatum*)
Laurels (*Prunus laurocerasus*, *Laurus nobilis*)
Leyland cypress (*X Cupressocyparis leylandii*)
Oakleaf hydrangea (*Hydrangea quercifolia*)
Salal (*Gaultheria shallon*)
Southern magnolia (*Magnolia grandiflora*)
Spruce (*Picea* spp.)
White pine (*Pinus strobus*)

Stems

Birch (*Betula* spp.)
Curly or corkscrew willow
(*Salix matsudana 'Tortuosa'*)
Yellow-, red-, orange-twig
dogwoods
(*Cornus sericea* selections)

Dried Flowers

Allium (*Allium* spp.)
Hydrangea (*Hydrangea* spp.)
Ornamental grasses
Sorghum (*Sorghum* spp.)

Berries/Fruit

Beautyberry (*Callicarpa* spp.)
Blackberry lili (*Iris domestica*)
Chinese dogwood (*Cornus kousa*)
Hawthorn (*Crataegus* spp.)
Juniper (*Juniperus* spp.)
Nandina (*Nandina* spp.)
Privet (*Ligustrum* spp.)
Pumpkin on a stick (*Solanum integrifolium*)
Rose hips (*Rosa* spp.)
Viburnum (*Viburnum* spp.)
Winterberry (*Ilex verticillata*)

Container Gardening Best Management Practices Made Simple...



- Select clean, freely draining containers that are sized appropriately for the number of plant(s) and their root structure.
- Choose packaged potting soil or a growing medium that is appropriate for the plant(s) to be grown in. Determine soil volume.
- Water sufficiently to allow soil to stay moistened without being waterlogged.
- Use slow-release fertilizers to supply sufficient nutrients over an 8-10 week period before reapplying.
- Take advantage of microclimates and specific growing conditions to choose plants that will be appropriate for that site.
- Learn which insects and diseases are common to the plants growing in your containers and inspect periodically for the presence of foliage or fruit-feeding insects or for a disease.
- Protect pots and overwinter plants in them from fluctuating temperatures by bringing them indoors or into an unheated garage.