April 2022 Theme: Trees
Youth and Children’s Education Activity
Learning about Trees

Overview: April is a month when we hear a lot about trees! Earth Day is April 22 and the theme this year is “Invest in Our Planet: What Will You Do?” One way to invest in our planet Earth is to learn about our natural resources, including trees. National Arbor Day is April 29. The date when Arbor Day is celebrated is different from state to state, depending on the best time of year to plant trees. In Virginia, Arbor Day is celebrated the last Friday in April. In Hawaii, the celebration is the first Friday in November. The Arbor Day Foundation says Arbor Day is celebrated to inspire people “to plant, nurture, and celebrate trees.”

Age range: Kindergarten through grade six, with adaptations for younger children and for children with physical and developmental challenges.

What children will learn:

- To explain the benefits of trees.
- To describe the life of a tree by examining its rings from a cross section of its trunk.
- To determine the age of a tree by counting the dark rings from a cross section.
- To identify five trees.

Resources to complete activities:

Top 10 Things Trees Do for Us (arborday.org)
The Life of a Tree (arborday.org)
Locate Trees Near Me and Identifying Trees (discovertheforest.org)
Tree Detectives (nwf.org)

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