



## Select Online Resources for *Drink Your Garden!*

### Edible Flowers

Choosing and Using Edible Flowers (North Carolina State Extension)  
<https://content.ces.ncsu.edu/choosing-and-using-edible-flowers-ag-790>

Edible Flowers (University of Minnesota Extension ) <https://extension.umn.edu/flowers/edible-flowers>

Elderberry in the Garden and the Kitchen (Penn State Extension) <https://extension.psu.edu/elderberry-in-the-garden-and-the-kitchen>

A Consumer's Guide to Edible Flowers (Penn State Extension) <https://extension.psu.edu/a-consumers-guide-to-edible-flowers>

Scented Geraniums (Penn State Extension) <https://extension.psu.edu/scented-geraniums>

### Growing Berries & Small Fruits

SPES - 317 – Edible Landscape Species – Shrubs, Vines, and Groundcovers (pomegranates, berries, kiwi, grapes) (Virginia Cooperative Extension)  
[https://www.pubs.ext.vt.edu/content/pubs\\_ext\\_vt\\_edu/en/SPES/SPES-317/spes-317.html](https://www.pubs.ext.vt.edu/content/pubs_ext_vt_edu/en/SPES/SPES-317/spes-317.html)

426-840 – Small Fruit in the Home Garden (Berries, Grapes, Strawberries) (Virginia Cooperative Extension) <https://www.pubs.ext.vt.edu/426/426-840/426-840.html>

Fruit Trees (and Shrubs!) for the Urban Gardener (Nicole McGrew, Extension Master Gardener, and Kirsten Conrad, Extension Agent Alexandria/Arlington County, VA) Coming soon to  
<https://mgnv.org/mg-virtual-classroom/>

Fruit Trees and Berries for the Urban Landscape: Selecting (Master Gardeners of Northern Virginia)  
<https://mgnv.org/mg-virtual-classroom/ug-class-video/fruit-trees-berries-2020/>

Fruit Trees and Berries for the Urban Landscape: Natives (Master Gardeners of Northern Virginia)  
<https://mgnv.org/mg-virtual-classroom/ug-class-video/native-fruit-trees-berries-2020/>

Pomegranate (University of California Master Food Preserver Program of Orange County)  
[https://ucanr.edu/sites/MFPOC/Food\\_Preservation/Pomegranates/](https://ucanr.edu/sites/MFPOC/Food_Preservation/Pomegranates/)



## Growing Herbs

426-420 – Herb Culture and Use (Virginia Cooperative Extension)

[https://www.pubs.ext.vt.edu/content/dam/pubs\\_ext\\_vt\\_edu/426/426-420/426-420.pdf](https://www.pubs.ext.vt.edu/content/dam/pubs_ext_vt_edu/426/426-420/426-420.pdf)

Basil Love (Master Gardeners of Northern Virginia) <https://mgnv.org/mg-virtual-classroom/sl-class-video/basil-love-2022/>

Selection and Care of Herbs (University of Maryland Extension)

<https://extension.umd.edu/resources/yard-garden/herbs/selection-and-care-herbs/>

Herb Supplement – A Guide to Growing and Using Herbs (Master Gardeners of Northern Virginia)

<https://mgnv.org/reading-room/vce-garden-guide/>

## Infused Waters/Mocktails

Infused Waters (Princeton University)

<https://hr.princeton.edu/sites/g/files/toruqf1976/files/documents/infused-water-recipes.pdf>

Mocktails (University of Michigan) <https://hr.umich.edu/benefits-wellness/health-well-being/mhealthy/faculty-staff-well-being/alcohol-tobacco/alcohol-management-program-moderation-or-abstinence/alcohol-management-resources/mocktails>

## Smoothies

Smoothies: a Great Blend of Flavor, Convenience, and Nutrition (Penn State Extension )

<https://extension.psu.edu/smoothies-a-great-blend-of-flavor-convenience-and-nutrition>