

Underutilized Native Perennials Handout

[American Spikenard \(*Aralia racemosa*\)](#)

[Aromatic Aster \(*Symphyotrichum oblongifolium*\)](#)

[Blazing Star \(*Liatris spicata*\)](#)

[Blue Flag \(*Iris versicolor* & *Iris virginica*\)](#)

[Blue-stemmed Goldenrod \(*Solidago caesia*\)](#)

[Clustered Mountain Mint \(*Pycnanthemum muticum*\)](#)

[Culver's-root \(*Veronicastrum virginicum*\)](#)

[Cup Plant \(*Silphium perfoliatum*\)](#)

[Eastern Blue-star \(*Amsonia tabernaemontana*\)](#)

[Eastern Solomon's-plume \(*Maianthemum racemosum*\)](#)

[Field Thistle \(*Cirsium discolor*\)](#)

[Foxglove Beard-tongue \(*Penstemon digitalis*\)](#)

[Goat's-beard \(*Aruncus dioicus*\)](#)

[Golden-alexanders \(*Zizia aurea*\)](#)

[Green-and-Gold \(*Chrysogonum virginianum*\)](#)

[Jacob's Ladder \(*Polemonium reptans*\)](#)

[Rattlesnake-master \(*Eryngium yuccifolium*\)](#)

[Robin's Plantain \(*Erigeron pulchellus*\)](#)

[Spotted Beebalm \(*Monarda punctata*\)](#)

[Spring Beauty \(*Claytonia virginica*\)](#)

[Swamp Rose-mallow \(*Hibiscus moscheutos*\)](#)

[Turk's-cap Lily \(*Lilium superbum*\)](#)

[Wild Geranium \(*Geranium maculatum*\)](#)



Brown-belted bumble bee (*Bombus griseocollis*) feeding on *Amsonia tabernaemontana* 'Montana' flowers.
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A Sachem skipper butterfly sips nectar from a bilabiate flower of Spotted Beebalm (*Monarda punctata*).
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