Agastache foeniculum Anise or Blue Giant Hyssop

Tried and True Native Plant Selections for the Mid-Atlantic



Anise Hyssop inhabits widely scattered areas in the northern United States and Canada. Though indigenous in the Mid-Atlantic* to only a few counties in Pennsylvania, it grows easily throughout in well-drained soil. Pretty purplish flower spikes, which attract pollinators all summer, add a vertical layer to the garden; the leaves and seeds add anise flavor to teas, salads, and baked goods.

Perennial

Height: 2-5 feet

Spread: 1½-3 feet

Bloom Color: Pale blue, lavender, purple

Characteristics

Clump-forming perennial with erect, square stems

Aromatic, opposite, broadly lanceolate, toothed, leaves—dull green above and canescent below

Bilabiate flowers with exserted stamens & calyxes ranging from green tinged with lavender to deep purple borne on terminal spikes of verticillasters June to September; flowers replaced by nutlets

Spreads by rhizomes; self seeds in best conditions

Attributes

Tolerates shallow rocky soil, dry soil, drought; intolerant of water-logged, <u>clay soil</u>, esp. in winter

No serious problems but watch for root rot (in soggy soil), rust, powdery mildew, leaf spot; anise scent deters some leaf-chewers; deer rarely damage

Use in fresh or dried bouquets; edible flowers, leaves

Attracts myriad bees, syrphid flies, butterflies, moths, hummers to its nectar; birds to its seeds; larval host to ~3 lepidopterans incl. Summer Azure

Clump, Flowers w/ Pollinators,** Seedheads









Growing and Maintenance Tips

Soil Requirements: Well-drained Buddleia

Light Requirements: Sun, Partial Shade

Water Requirements: Dry, Moist

extend bloom time; divide spring or fall

Use in butterfly/pollinator, cottage, cutting, herb,

or raised bed gardens and in borders or meadows

Performs best in sun; deadhead spent flowers to

Hardiness: USDA Zones 4a-8b

Excellent Replacement for

<u>Buddleia davidii</u> - Butterfly Bush

Lythrum salicaria - Purple Loosestrife

Lythrum virgatum - European Wand Loosestrife

*In Delaware, it is found as rare escapes to disturbed ground. It is not <u>native</u> to NoVA.

**Eastern tiger swallowtail butterfly, common eastern bumble bee, and halictid (sweat) bee.

developed by Master Gardeners of Northern Virginia, serving Arlington and Alexandria

Images by Mary Free (clump, bees), Alyssa Ford Morel (butterfly), and Elaine Mills (seedheads), private gardens and Glencarlyn Garden

